

## PARISH CALENDAR 2020

JULY	Event	Sidesmen/ women	Altar Flowers	Church Cleaners
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As announced on Page 1 we await detailed guidance on resumption of public worship.  
The PCC will notify parishioners when the provisional arrangements below come into play.

5th	Trinity V	11.15 am	Holy Communion	Mrs K Herron	Lord & Lady Clitheroe	Mrs J Seibel Mrs A Wallace
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12th	Trinity VI	11.15 am	Matns	Mr T McLean		Mrs D Braithwaite Mrs J Shepherd
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19th	Trinity VII	11.15 am	Holy Communion	Mr I Walton		Mr & Mrs P Mercer
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26th	Trinity VIII	11.15 am	Matins	Mr A Herron		Mrs S Travis Mrs A Chadwick
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28th	Tuesday	6.00 pm	Village Hall Management	Venue TBN	Committee Meeting	
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### AUGUST

2nd	Trinity IX	11.15 am	Holy Communion	Mrs A Wallace	Lord & Lady Clitheroe	Mr & Mrs C Ennis
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THE PARISH CHURCH OF St LEONARD IS VERY GRATEFUL TO THOSE BUSINESSES,  
ORGANISATIONS AND INDIVIDUALS THAT SPONSOR THE NEWSLETTER.  
IN JUNE THE NEWSLETTER IS SPONSORED BY  
**DOWNHAM & TWISTON GARDEN CLUB**  
IN MEMORY OF THE LATE CAROLE ASHWORTH

**OUR PRIEST IN CHARGE** – Revd Andy Froud  
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01200 423317 0796 957 6691 andyfroud@gmail.com

**OUR CHURCH WARDENS**  
The Hon Ralph Assheton - Mrs Philippa McFall - 441484 Mr Ian Walton—445063

**VILLAGE HALL MANAGEMENT COMMITTEE**  
**Chairman** Mr Neil Wallace 441196  
**Hon. Secretary** Mrs Clare Ashworth—445112  
**Village Hall Bookings email** [info@downhamvillagehall.org.uk](mailto:info@downhamvillagehall.org.uk)

**Village Hall Management Committee**  
Date of next meeting, 6.00 p.m. Tuesday 28th July

## PARISH OF ST. LEONARD

### DOWNHAM & TWISTON

# newsletter

2020 Issue 7 July

[www.downhamvillage.org.uk](http://www.downhamvillage.org.uk)



### From The Revd Andy Froud

Dear Friends

"May you live in interesting times" is supposed to be a translation of an ironic Chinese blessing. Most of us would say that life is better in "uninteresting times" of peace and tranquillity than in "interesting" ones, which are usually times of trouble (such as now) so the expression is often known as the "Chinese curse". Nobody has found where this originally came from and certainly no actual Chinese source has ever been produced.

As I write this the lockdown is being eased (although you might be forgiven for thinking that it had come to an end this weekend) and the events of the last few months seem an eternity ago. The lockdown produced a lot of bad things including a mountain of public debt but there are some things that I would suggest it would be worthwhile holding onto.

Neighbourliness: Jesus was asked "who is my neighbour?" and the answer that He gave was "everybody in need". But the obvious answer is the person who lives next door and it has been inspiring to see people reaching out to and taking care of their neighbours

Family time: helped by the lovely weather many families were able to go for walks or cycle rides together, in a way that families rarely have done in this country recently.

Peace and quiet: many people have remarked on the joy of clear blue skies and quiet roads. If we are going to have a sustainable future we will need to reassess how much we consume and how much we travel.

The government has just announced that public worship will be allowed from July 4th onwards: as yet we lack some of the necessary guidance to restore public worship safely but I hope to see you all very soon. We will need to continue to ensure that we do not spread covid 19 and to care for those who will continue to be most vulnerable.

Yours in Christ

Faithful Creator, whose mercy never fails:  
 deepen our faithfulness to you and to your living Word,  
 Jesus Christ our Lord.  
 Amen

<b>DOWNHAM St LEONARD FACTS &amp; FIGURES</b>		
	May	2020
Communicants	-	134
Collections £		
Services	-	526
Visitors	-	76
Donations	472	1,941
House Boxes	-	30
Special	1,836	2,186
<b>Total</b>	<b>2,308</b>	<b>4,759</b>

### IN OUR PRAYERS AND THOUGHTS

#### The family of the late Carole Ashworth

All who have or will be affected by the Coronavirus.  
 In particular the most vulnerable -  
 those subject to ongoing medical treatments and official "shielding".



The public Facebook page -  
**"Downham Village"**  
 The private Facebook page  
**"Downham & Twiston Residents"**  
 Various Whatsapp groups including  
**"Downham WI Here to Help"**

### ONLINE CHURCH RESOURCES

Regular worship is streamed by Rev  
 Andy Froud on Youtube

via the St. Mary Magdalene's  
 website:

[www.stmarysclitheroe.co.uk](http://www.stmarysclitheroe.co.uk)

## Community Archaeology in the Pendle Hill Area



AS MANY OF US have been inside a lot more than normal, some may have been getting involved in online learning or finding interests in new areas. For amateur archaeologists, there has been lots of opportunity to join online training courses, ask questions and get involved with 'back yard' archaeology.

One of these courses is being delivered by Dig Ventures, a national archaeological organisation that has harnessed the power of crowdsourcing and is backed by former Time Team stars. 'How to Do Archaeology' is a 6 week long course for archaeology beginners, or those getting back into the field, and for the moment it is free! For those who finish this course and then want to get involved in more practical archaeology, Pendle Archaeology Group and Pendle Hill Landscape Partnership have been busy planning projects around the Pendle Hill area.

The Pendle Hill Landscape Partnership, which is supported by the National Lottery Heritage Fund, delivers a Community Archaeology project, with the help of Northern Archaeological Associates. When it is safe to do so, they will be able to restart their series of archaeology training sessions – which are open to everyone, from complete archaeology beginners to those looking to improve their knowledge.

PHLP have also teamed up with local group Pendle Archaeology Group, and have been busy planning future projects and activity. PAG members have been busy with desk research, the first place to start when thinking about a new archaeology project.

'The interesting things about archaeology is that it's like detective work, looking for clues from the lives of other people hundreds and hundreds of years ago and getting excited by finding the smallest of finds.' One PAG member explains what she enjoys about archaeology research.

2020 saw PAG re-energised, and ready to embark on a programme of archaeology investigations. This hasn't entirely gone to plan due to the current situation, however in partnership with Pendle Hill Landscape Partnership, plans have been forming to develop local projects. When it is safe to do so, the group will be starting landscape research to investigate the state of the Roman Road as it runs through the Pendle area, and will also start putting plans in place for a community test pit project in a local small village.

PAG is made up of team members with different levels of expertise, and most are enthusiastic amateurs who are keen to learn about the past. Everyone is welcome to join in, and local community archaeology is a great way for students to find out more if they are thinking about studying archaeology at University.

To find out more about community archaeology within the Pendle Hill Landscape Partnership please visit: [www.pendlehillproject.com/project/archaeology](http://www.pendlehillproject.com/project/archaeology) or email [info@foph.co.uk](mailto:info@foph.co.uk) if you would like to know more about Pendle Archaeology Group.

## RIBBLE VALLEY FOODBANK

I AM writing to give an update on how the Foodbank is doing at the moment, and to thank everyone – the “old” volunteers who are still working so hard, the new volunteers who have so kindly stepped in, and those of you who are unable to help at the moment but are supporting us from the side-lines! I am really grateful to all of you, but I'd like to give a special mention to one of our new volunteers, Hannah Priory, who has been my right-hand woman for the last few months, and will be taking over during the two weeks in July when I very much hope to be in Devon (regulations permitting).

We have had some very generous private donations recently (many of them anonymous), and have also been fortunate to receive: over £1000 in memory of the late Alan Bleazard (who worshipped at St James Church), £500 from Clitheroe Wolves (raised by selling a lawnmower), a supply of hand sanitiser from Spirit of Garstang Gin, fresh fruit to distribute from D Burney & Sons, 300 litres of milk and fruit juice from Clitheroe Mosque, £500 from Longridge Rotary and £250 from Clitheroe Rotary, £2,650 from St James Church, and £300 from two Grammar School pupils who did an all-night gaming session!

Because we now have to work in very small teams, everyone works hard on each shift, and the warehouse teams have often done an extra shift in order to get everything done. We have got the hang of the delivery system now and it is working well, though we are missing the interaction with clients. We fed 355 people in April and May (108 the previous year), but the interesting thing (to me, anyway!) is that during those months we had 52 vouchers for Longridge and 88 for Clitheroe – but Longridge fed 173 people and Clitheroe fed 182, because Longridge feeds many more big families. Special thanks are due to Anne Fisher and the Longridge team, who have been managing so far with the existing Longridge stock and donations/top ups, but their stock is pretty much exhausted now so we are going to pack the Longridge parcels at the warehouse from June.

It seems likely that we will need to continue delivering for some months, so it is possible that we will not actually move operations back to the URC, as the refurbishment at Trinity may well be finished before we are ready/able to open up the Foodbank centres again. I am really grateful to the URC for putting up with us (and all our stuff which is still there!), but looking forward to seeing the new, improved Trinity when it is unveiled.

Jane Chitnis Ribble Valley Foodbank Manager

## Pendle Hill Landscape Partnership Pendle Hill Fund

THE NEXT round of Pendle Hill Fund grants will be available for applications between the 3<sup>rd</sup> August and 14<sup>th</sup> September 2020. Originally the application window was set to open in April, however it was postponed because of the Covid 19 situation. The Pendle Hill Fund is open to projects looking for £2000 and £10000 to spend within the Pendle Hill Landscape Partnership area.

We also have our Small grant available continuously throughout the year. This is for smaller projects looking for up to £500 - [https://pendlehillproject.com/sites/default/files/images/PHFund\\_SMALLguidelines.pdf](https://pendlehillproject.com/sites/default/files/images/PHFund_SMALLguidelines.pdf).

Please make any local groups aware of the Fund if you think they would be interested. The larger Pendle Hill Fund is available for community/voluntary groups, charities, parish councils, schools and local businesses at different rates of application.

The Pendle Hill LP is also going to devote a sum of money specifically for Public Rights of Way access repairs, focusing on damages to boundary crossings (stiles and gates). This money will be split geographically across the LP area, and will work will be delivered via the Pendle lengthsman scheme. We would be very grateful if you could make us aware of any Rights of Way repairs within your parish by **1<sup>st</sup> September 2020**. We can't promise to be able to help out with all the repairs, but we will aim to assess and prioritise works across the Landscape Partnership area.

Jayne Ashe

## SPECTATOR

### CAROLE ASHWORTH 1947 - 2020

My friend Carole from round the back  
It is with a heavy heart that I write this about Carole who has just died and who will leave a massive hole in this village

Carole was the life and soul and battled on bravely despite having her fair share of illnesses. She would ring me up and we always ended up laughing, mainly about something she said and the world would go back to being not such a scary place again. “Keep smiling” She would say.

At Christmas, we used to wrap tinsel around our rollaters and don our Christmas hats and walk around the village, stopping for a rest opposite the pre-school and the bus drivers would smile and wave as they drove past us. Visitors and neighbours would stop for a chat, And we would put the world to rights

She would tell stories about her husband, Norman, who she still missed terribly, Her family was her life and she was worried sick over this Corona virus, wanting to do the right thing and yet missing-especially her grandchildren and great grandchildren

She loved making cards and was thrilled when others were interested in her work. She had just finished all my family birthday cards for this year and we were talking about Christmas orders!

We had only been friends for two or three years and I don't know why as we had both lived in Downham longer, mind you she lived up the top of the village until she retired from her post as housekeeper to Lord and Lady Clitheroe and I lived up the other end. I wish we had got together sooner because she was such a good friend and so funny and brave and determined and loving and so much more. She has left a big hole in my life.

I can imagine her up in heaven now shouting, “listen to Carole!”,

*Garden Club members will agree with that last comment. Ed*

### Carole Ashworth Coming Home

Carole's funeral arrangements are 10.15 am on Tuesday 7<sup>th</sup> July at St Leonards Church. Under current regulations only close family will be able to attend the funeral.

As a mark of our respect and regard for Carole if anyone would like to line the main street in Downham when the cortege arrives (observing social distancing rules) this would be very much appreciated by the family. It is suggested that we take our places on the route from Brookside to Church at about ten am, ahead of the start time for the church service.

**CHURCH SECURITY**

DI BRAITHWAITE AND MOLLY ROSKELL have decided that the time has come for them to hang up their keys. Di has been steadfastly locking up the Church every evening for 35 years, whilst Molly has been on morning unlocking duty for about 20. They have each trekked across come rain or shine and kept a neighbourly eye on building. It is often remarked upon in the visitors' book, how lovely it is that the Church is always open to visitors. Thank you both for your years of dedication. RCA

**CHURCH OPENING**

PLANNING and preparation is underway to fully re-open St Leonard's in line with advice from the Church of England and the government. Decisions on how this will be achieved without undue risk to visitors are yet to be finalised. Rest assured that Andy and the Wardens are on the case!

In the mean-time The PCC are very pleased to announce that, following the latest advice from HM Government, we are able to open St Leonards Church up for individual prayer. In order to comply with the guidance, and to ensure the health and safety of those who wish to take this opportunity, we have decided to only open each Wednesday and that each visit should be booked in advance. A 30 minutes slot can be booked through the PCC Secretary, either by calling 01200 441352 or emailing [philip\\_m\\_naylor@msn.com](mailto:philip_m_naylor@msn.com). You will receive confirmation of your request, prior to the day of booking. In order to manage the situation as much as possible, only the Assheton Chapel will be accessible and individuals must bring their own hand Sanitiser. No Prayer, hymn or other paper-work will be available in Church.

The Wardens.

**RECYCLING**

SOME will have read in the Clitheroe Advertiser, that RVBC is recommencing collections of waste paper, in white sacks on "Green Bin" day. Initially we are asked to only put out two bags per household to avoid overwhelming the system as the Covid backlog gets cleared. You can in extremis put out a cardboard box full of paper and card, but don't leave it out overnight in the rain or the bottom will fall out!

**Summer flooding**

REMEMBER that midsummer is when Downham has in the past been hardest hit by flash flooding. After such a long period of dry weather it is worth checking that downspout grates are clear of debris (as are gutters if they are accessible). If you have a flood board, does it still fit? RCA

**Bridleway**

THE route really is almost complete in its full glory. There only remains a little creosoting of woodwork and the erection of a few discrete direction arrows. There is even a reconditioned water trough for thirsty dogs and horses! RCA

**Mindfulness Tips and Tricks in Lockdown**

Mindfulness is simply training yourself to stay in the present moment because 'what ifs' about the future and writing a whole mini-series in your head are absolutely great for producing anxiety. So a quick way to bring yourself into the present moment and reduce anxiety is to observe your breath for a few moments, or as long as you like. It's easy, it's free, and available for the rest of your life

If you want to get yourself out of a downward spiral of negative thinking (which has a tendency to cause depression) remember that your thoughts are not facts. It's much more fun to think about what you DO want instead. Then make a phrase out of it, for example, 'I want to have a lovely time when so and so comes today'. It's lightens the load immediately and chances are you will have a lovely time because you're feeling more relaxed. Enjoy! Sue Hinder

**Hookcliffe Wood**

IN ANSWER to further enquiries about Hookcliffe Wood here is a summary of its recent history. Having been felled during World War 2, the wood was replanted in 1945 with the help of Italian prisoners of war from the POW camp at Longridge. In line with best practice ideas at the time it was planted with a mixture of Larch, Sitka and Norway Spruce. Sadly in 2018 the Forestry Commission identified that the Larch had contracted the highly contagious (to trees) fungus Phytophthora Ramorum (Pr). They issued a Statutory Plant Health Notice compelling the felling of the wood. Wet weather at the time meant that tidying up was very difficult. The site was left unplanted for a year, in order to allow a significant proportion of the Pr spores to die, in order to reduce the chances of the new trees becoming infected. As the wood is such a major part of the visual backdrop to the village, the decision was taken to replant it with native broadleaved species. The choice of species (mainly Birch, Alder, Sycamore and Aspen). This is a compromise between what will grow on a wet and windy hillside, what may survive being eaten by deer when small and squirrels later, and what might survive in a changing climate. So far about 10,000 trees have been planted in spiral guards to protect them from hares, voles and rabbits. A high fence should keep the deer at bay for a year or two. Thankfully the majority of the trees have survived (or so it seems) having no rain between March and June. The rest of the wood will be planted this coming winter.

RCA

**DOWNHAM VILLAGE HALL RE-OPENING PLAN**

The Village Hall Committee have been working towards a possible 'official' re-opening for bookings and events from the middle of August. Work so far via Zoom meetings and follow up emails, has included reviewing hire charges, cleaning arrangements and absorbing advice from Community Futures about measures needed to safely re-open the Hall for business post-Covid.

In the meantime, Chris Ennis has, on a completely voluntary basis, redecorated and refurbished the upstairs entrance hall and toilets which now look very smart. Jason Addy is in the process of repairing and refurbishing the downstairs disabled toilet. A complete set of new, lighter and more comfortable chairs has been purchased with a substantial contribution from a grant obtained by Stage 2 Downham and village hall funds.

Part of the review will also include moving around notices and decoration to make the Hall better fit for future use, both in terms of cleanliness, clear information and safety for users. New items such as hand sanitisers for the entrance hall will need to be purchased and put in place. Distancing measures will be introduced following a definite government announcement about the 2m/1m rule.

Please support your village hall! If you would like to tentatively reserve a date for later in the year or next year, email: [info@downhamvillage.org.uk](mailto:info@downhamvillage.org.uk). Please bear in mind that capacity is likely to be much reduced – we will try to advise how many people can be in the Hall and on what basis in the next newsletter. OA